

SIGNATURE BOWLS

Choose your base: → **BASMATI • MIXED GREENS
QUINOA & LENTILS • HALF & HALF**

CHICKEN TIKKA MASALA **D** \$14

Grilled chicken in a rustic tomato curry with pickled onion, hot honey, crispy onions, cilantro

Sub: Herb roasted chicken +\$1, Sub: Paneer* **VG D**

KARMA BOWL **VG D** \$14

Saag paneer*, chickpea curry, yellow daal, pickled onions, kachumber, cilantro
\$1 donated to City Harvest.

CHICKPEA CURRY BOWL **V** \$14

Chickpea curry, roasted cauliflower, roasted sweet potatoes, kachumber, cilantro chutney, crispy onions, cilantro

GOLDEN CHICKEN CURRY **S** \$14

Grilled chicken in a turmeric coconut curry with INDAY slaw, cilantro chutney, sesame coconut crunch, cilantro

Sub: Herb roasted chicken +\$1, Sub: Paneer* **VG D**

CHARRED CHILI CHICKEN **D SB** \$14

Grilled chicken, romaine, pickled onions, cucumbers, habanero hot sauce, garlic yogurt, crispy onions, cilantro

GREEN GODDESS CHICKEN **D N SB** \$15

Herb roasted chicken, INDAY slaw, roasted sweet potatoes, Indian green goddess dressing, cashews, cilantro

TAMARIND-GLAZED SALMON **S SB** \$16.5

Tamarind salmon, INDAY slaw, sesame & coconut-crusted avocado, mango chutney, cilantro

STEAK SATAY **N** \$16.5

Steak, roasted sweet potatoes, kachumber, cashews, cucumbers, cilantro, pickled onions, satay sauce

new!



INDAY

CLASSIC OVER RICE

Tandoori chicken or steak, coconut rice, lettuce, kachumber, cilantro, kashmiri chili hot sauce, white sauce **D**

Chicken **\$12**
Steak **\$14.5**



BUILD YOUR OWN BOWL

Be your own Guru!
CHOOSE YOUR BASE, MAIN, 2 SIDES,
SAUCES & UP TO 4 TOPPINGS

CHOOSE YOUR BASE **V**

Basmati
Quinoa & lentils

Mixed greens
Half & half



CHOOSE YOUR MAIN

Grilled chicken +\$14
Herb roasted chicken +\$15
Tamarind salmon **SB** +\$16.5

NEW Steak +16.5
Paneer* **VG D** +\$14
Chickpea curry **V** +\$12

CHOOSE UP TO 2 VEGGIES

Roasted sweet potatoes **V**
Roasted cauliflower **V**
Yellow daal **V**

INDAY slaw **V**
Saag **VG D**

CHOOSE UP TO 2 SAUCES

Indian green goddess **VG D SB**
Mango chili vinaigrette **V**
Lime chaat vinaigrette **V**
Garlic yogurt **VG D SB**

Tamarind chutney **V**
Cilantro chutney **V**
Tikka masala **VG D** +\$1
Golden curry **VG** +\$1
Satay sauce **N VG** +\$1

CHOOSE UP TO 4 TOPPINGS

Crispy rice*
Roasted cashews **N**
Sesame coconut crunch **S**
Crispy onions
Pickled onions
Kachumber

Cucumbers
Cilantro
Habanero hot sauce **🔥**
Green chili chutney **🔥**
Mango chutney **🔥**
Avocado +\$2

NAAN & SNACKS

NAAN **VG D G \$3**

Choose Plain or Garlic

SAMOSAS **V G \$6**

SESAME CHOCOLATE CHIP COOKIE **VG D G S SB \$4**

Sweets!

🔥 SPICY **G** CONTAINS GLUTEN **SB** CONTAINS SOY **N** CONTAINS NUTS
D CONTAINS DAIRY **VG** VEGETARIAN **S** CONTAINS SESAME **V** VEGAN

*MAY CONTAIN TRACES OF GLUTEN

We Cater! **CATERING@INDAYNYC.COM @INDAYALLDAY**